

Beautiful Dawn

Choreographers: Craig Bennett and Niels Poulsen

December 2014



Type of dance: 32 counts, 4 walls.
 Level: Intermediate
 Music: **High** by James Blunt. Buy on iTunes.
 Intro: Start after 16 counts (app. 12 secs into track). Weight on L.
 1 restart: On wall 7, starts facing 6:00, after 16 counts. See note below
 Ending: See description below

Counts	Footwork	End facing
1 – 8	Fwd R sweep, cross, side rock cross, side L, R diagonal back rock, 3/8 L, ½ L, fwd R	
1 – 2	Step fwd on R sweeping L fwd and also turning body slightly R (1), cross L over R (2)	12:00
3&4&	Rock R to R side (3), recover on L (&), cross R over L (4), step L to L side (&)	12:00
5 – 6	Turn 1/8 R rocking back on R (5), recover fwd L (6)	1:30
7 – 8&	Turn 3/8 L stepping back on R (7), turn ½ L stepping fwd on L (8), step fwd on R (&)	3:00
9 – 16	L rock fwd, L coaster cross, side R, up ½ L sweep, & R cross rock, side R, cross	
1 – 2	Rock fwd on L (1), recover back on R (2)	3:00
3&4&	Step back on L (3), step R next to L (&), cross L over R (4), step R to R side (&)	3:00
5	Turn ½ L on R swinging/sweeping L to L side AND also going up on toes of R at the same time (5) ... <i>hit that beat</i> ☺	9:00
8& – 7	Step quickly down on L (&), cross rock R over L (6), recover back on L (7)	9:00
8&	Step R to R side (8), cross L over R (&)	9:00
17 – 25	R side rock, cross, rock & roll full turn R, lunge R, point L, ¼ L running L R L	
1 – 3	Rock R to R side (1), recover on L (2), cross R over L (3)	9:00
4&5	Rock L to L side (4), turn ¼ R stepping fwd on R (&), turn ½ R stepping back on L (5)	6:00
6 – 7	Turn ¼ R lunging R to R side (6), point L to L side (7)	9:00
8&1	Turn ¼ L running fwd on L (8), run fwd on R (&), run fwd on L (1) <i>(or do a L full turn on &1) – Styling for the 3 runs: try not to turn that ¼ L in your upper-body too early. Delay the ¼ turn finishing it when you do your last run fwd on L ☺</i>	6:00
26 – 32	R rock fwd, R back lock step, ¼ L side L, point R/prep, roll full turn R	
2 – 3	Rock fwd on R (2), recover back on L (3)	6:00
4&5	Step back on R opening body up to R side (4), lock L over R (&), step back on R (5)	6:00
6 – 7	Turn ¼ L stepping L to L side (6), point R to R side (7)	3:00
8&(1)	Turn ¼ R stepping fwd on R (8), turn ½ R stepping back on L (&), turn ¼ R stepping R to R side and sweeping L fwd (1)	3:00
	Start again	
Ending	Your last wall is wall no. 10, starts facing 12:00. To end facing 12:00 do until count 23 (now facing 9:00). Then do a ¾ run around L running L R L ending with a R sweep fwd ☺	12:00
Restart	On wall 7 which starts facing 6:00. Do up to count 7 (recovering back on L from your rock step). Rather than doing side R & cross you turn ¼ R stepping fwd on R (8) and L (&). This means you restart facing 6:00	6:00